



Restraint Policy

(updated 29 September 2020)

Staff at this childcare provision are not permitted to use any form of corporal punishment. In some exceptional circumstances it may be necessary to physically restrain a child in order to prevent:

- personal injury to themselves
- personal injury to another child or adult
- immediate danger of death to themselves
- immediate danger of death to another child or adult
- serious damage to property.

Under these circumstances, staff will not be in breach of the law.

The provision staff will make the judgment physically to restrain a child only when there is a real or potential danger. The child will only be restrained by holding them until the danger has passed and they will be released as soon as it is safe to do so. The child will then be spoken to, preferably in a quiet area. They will be calmed and reassured by the staff. An explanation will be given to the child as to why they were restrained using language appropriate to their understanding. Parents will be informed as soon as possible of the incident.

Any occasions when restraint is used will be recorded in the Incident Book, completed by the member of staff responsible for the restraint and include witnesses' signatures. Parents will be requested to sign the form and be provided with a copy.